

LAB TESTS ON-DEMAND

PHYSICIAN-DIRECTED, PATIENT-REQUESTED
LABORATORY TESTING



Lexington
Health



At Lexington Health, we believe that all aspects of the health care experience should be as convenient as possible. We fully understand how today's busy lifestyles can make scheduling even the simplest of medical tests very challenging, and that's why we've created Lab Tests On-Demand, a patient-requested laboratory testing service.

About the Program

The Lab Tests On-Demand program is designed to help individuals who do not have health insurance or coverage to obtain needed laboratory tests. This program is not recognized by any health insurance plan as meeting their requirements of a deductible.

Lab Tests On-Demand allows patients to order laboratory tests without going through the full processing time usually associated with a physician's office, emergency department or hospital appointment. Patients can choose from a menu of laboratory tests that are performed in one of Lexington Health's laboratories, under physician direction, using fully accredited, quality-controlled procedures.

The Lexington Health laboratory physician specialists (Pathology Associates of Lexington, P.A.) serve as the "ordering physician" for the pre-approved tests on the menu and will interpret test results when appropriate. In most cases, test results are available by the next weekday, allowing patients to rapidly accelerate their medical experience.

Clinical pathologists are responsible for the testing process and offer their own interpretive comments on significantly abnormal results at no additional charge to patients. They do not offer diagnoses or treatment advice based on these test results. If requested, final test results are sent to the patient's physician.

Please keep in mind that Lab Tests On-Demand testing is strictly offered as an informational convenience to patients and should never be used instead of a personal consultation from a physician, or as a substitute for medical advice, diagnosis and treatment. Furthermore, while we stand behind the accuracy of each test result, a single laboratory test result cannot serve as a general indication of a patient's overall health.

Frequently Asked Questions

What do I need to bring with me when I request Lab Tests On-Demand testing?

Every patient is required to provide a picture ID each day during Lab Tests On-Demand testing. The picture ID will be copied and will remain with the copy of your requisition. Every patient must pay in full for all Lab Tests On-Demand testing at the time of specimen collection. Acceptable payment methods include: cash, money order, personal check, debit and credit cards. Lab Tests On-Demand test requests will never be submitted to insurance and are not eligible toward insurance deductibles.

Do other hospital laboratories offer a similar service?

Lexington Health is the first and only organization in South Carolina to offer physician-directed, patient-requested laboratory testing. It is offered as a patient-convenience service, one of the many patient-focused services at Lexington Health.

What are the limitations of patient-requested lab testing?

This service is not intended for urgent medical situations and is not a substitute for an ongoing relationship with a personal physician. Patients choosing to use Lab Tests On-Demand must be aware that a laboratory test is only a diagnostic aid in screening for disease and monitoring the state of health or response to medical therapy. Some basic tests, such as pregnancy tests, are often self-explanatory. Other tests, if not carefully selected, may produce misleading information that could be unnecessarily alarming or produce a false sense of security.

Is there a minimum age requirement to participate in the program?

Yes. A person must be at least 18 years of age to request testing without being accompanied by a parent or guardian.



Are these lab tests physician-approved?

All procedures are done by fully certified medical laboratory personnel in the fully accredited laboratories of Lexington Health under the direction of board-certified physician specialists in Laboratory Medicine (clinical pathologists). The tests offered by Lab Tests On-Demand have been pre-approved by our clinical pathologists to be logical screening or monitoring tests for a person with interest in their personal health needs and health maintenance.

Why don't you offer a large, multi-test panel?

There are several reasons for not offering a large profile testing, most importantly because a 20-plus test laboratory profile is statistically prone to produce at least one test result that is outside the normal range. Thus, a large, multi-test profile may lead to confusion and unnecessary follow-up testing rather than provide truly valuable information. All laboratory test results are most useful when knowledgeably interpreted in context with a patient's overall health situation and when focused on a specific health question.

When will I get my test results?

Your results are typically available within 1 to 3 days, although some tests may take longer. All results will be available in MyChart, allowing rapid access. If you prefer a hard copy of your results, you must present a photo ID when you pick them up. You can give a hard copy to your physician, or we can send a copy to your physician's office, upon request.

Will the lab contact me about my results?

You will be contacted by telephone only if a test result is significantly outside the normal range, suggesting that immediate medical action should be taken.

Should I tell my doctor about my results?

Yes. A physician uses laboratory test results in addition to other factors to diagnose and treat diseases. If you list a personal physician and request that we do so, we will send the test results to the physician listed.

What if I don't have a doctor?

We recommend you visit Lexington Health's website at LexHealth.com/Doctors for a comprehensive list of physicians in our network.

What if I have health insurance?

The Lab Tests On-Demand program is designed to help individuals who do not have health insurance to obtain needed lab tests. We accept payment at time of services to offer tests at an affordable, discounted rate. If you want to pay using your insurance, you should contact your private physician to obtain a written order and your tests will be billed through your health insurance. **Payments received for this program are not recognized by any health insurance plan as meeting requirements for deductibles and can not be submitted to your insurance company.**

What payment methods are accepted?

We accept cash, money orders, personal checks, debit cards and credit cards.

Can I be billed for these tests?

No. Billing for services adds considerably to the cost of testing. This limited test menu is offered at a significantly discounted rate because we avoid the cost of billing. Therefore, we expect you to pay for your tests in full when your test sample is obtained.

Why do you need my personal information?

We need to know your name, mailing address and phone number to contact you about your results. We will contact you if your results indicate that immediate medical attention may be necessary. Additional information, such as at-birth gender and age, may be required, as normal ranges for some tests may differ based on these factors.

All Lexington Health laboratories comply with privacy regulations and keep your health information and test results confidential. Your test results are not shared with anyone unless you instruct us to share them with your physician. You may share your test results with others as you see fit.

Will additional tests be available in the future?

Yes. Lexington Health's Lab Tests On-Demand program is the first of its kind in South Carolina. As experience and public acceptance grows, new tests may be added to the menu as interest and demand require. We welcome your comments and suggestions.

Available Lab Tests

The Lab Tests On-Demand testing menu* and brief descriptions of each test are listed below.

Basic Metabolic Profile (8 blood chemistry tests)

Screens for a variety of medical conditions

Blood Type (ABO & Rh)

Determines ABO blood group and Rh type for personal interest; not to be used for paternity testing

C-Reactive Protein (hs-CRP)

Screens for possible risk factors of coronary heart disease and/or stroke

Cholesterol (total)

Screens for risk factors of heart and vascular disease

Complete Blood Count (CBC with automated WBC differential)

Screens for general health status, anemia, viral and bacterial infections, and various blood diseases

Comprehensive Metabolic Profile (16 blood chemistry tests)

Screens for a variety of medical conditions

Ferritin

Tests the protein marker of body iron stores; screens for iron deficiency anemia; confirms iron overload/hemochromatosis

Follicle Stimulating Hormone (FSH)

Tests the pituitary gland hormone used to evaluate the transition to menopause

Glucose (blood level)

Screens for risk of developing diabetes

Glycosylated Hemoglobin (Hgb A1C)

Monitors effectiveness of diabetes treatment

Hepatitis B Immunity Status

Tests for evidence of immunity to the hepatitis B virus

****Hepatitis B Surface Antigen**

Screens for possibility of hepatitis B infection

****Hepatitis C Antibody**

Screens for possibility of hepatitis C infection

****HIV Antibody Screen**

Screens for possibility of HIV infection

Homocysteine

Screens for risk factors of coronary heart disease

Iron Profile (iron and iron-binding capacity)

Screens for iron deficiency anemia, iron overload disorders or hemochromatosis

Lipid Profile (total, HDL and LDL cholesterol; triglycerides)

Screens for coronary heart disease risk

Mumps Immune Status

Tests for evidence of immunity to the mumps virus

Potassium

Monitors possible side effects of blood pressure or heart medications

Pregnancy Test (urine)

Tests for pregnancy; requires early morning urine specimen; not positive until 10 to 14 or more days after conception

Prostatic-Specific Antigen (PSA)

Screens for prostate cancer

Prothrombin Time (PT)

Monitors “blood-thinning” anticoagulant drug therapy and is a screening test for various bleeding disorders

Rubella Immune Status

Tests for evidence of immunity to the German measles virus

Rubeola Immune Status

Tests for evidence of immunity to the measles virus

****Syphilis**

Screens for syphilis

Testosterone

Tests the androgen or sex hormone produced by both males and females. Testosterone plays a role in puberty, fertility and effects sexual desire.

Thyroid Profile (free T4, TSH)

Screens for thyroid gland disorders

Urinalysis (with microscopic study if necessary)

Screens for kidney and urinary tract disorders

Varicella Immune Status

Tests for evidence of immunity to the chicken pox virus

Vitamin D Level (blood chemistry test)

Screens for proper storage levels of vitamin D, said to be a general reflection of good health

*All tests use a blood specimen, unless otherwise indicated

**Infectious disease that requires patient to complete a consent form

Pathologists

Lab Tests On-Demand is directed by
Pathology Associates of Lexington, P.A.

Ranleigh L. Fleshman, MD



Contact Information

(803) 791-2213

Lexington Medical Center

Monday through Friday: 8:00 a.m. to 6:00 p.m.

Saturday and Sunday: 8:00 a.m. to 4:00 p.m.

2720 Sunset Boulevard

West Columbia, SC 29169

(803) 791-2213

Lexington Health Irmo

Monday through Friday: 8:00 a.m. to 5:00 p.m.

Saturday: 8:00 a.m. to Noon

Sunday: Closed

7035 St. Andrews Road

Irmo, SC 29212

(803) 314-5462

Lexington Health Lexington

Monday through Friday: 8:00 a.m. to 5:00 p.m.

Saturday: 8:00 a.m. to Noon

Sunday: Closed

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